

# GOCHEGANAS

*the experience*

## Wellness Treatment Price List

### **Skin Care Treatments:**

#### **Babor Skin Care Range from Germany:**

Babor Deluxe High Refining Facial	90mins	N\$1185
Babor Core Facial	60mins	N\$420
Babor Men Time Out Facial	60mins	N\$420
Babor Organic Facial	75mins	N\$590

#### **Theravine Skin Care Range from South Africa:**

Hydra Vine Deluxe Facial	90mins	N\$650
Theravine Core Facial	60mins	N\$355

### **Eye Care:**

African Moon Eye Light	30mins	N\$260
Atlantic Ampoule Crash Treatment – Intensive Moisture	30mins	N\$260
Eyebrow/eyelash shape & tint	on request	

### **Body Care Treatments:**

#### **Body Peels:**

- Vichy Shower and sea salt peeling	30mins	N\$260
- Safari Herbal Body peeling –calming, balancing, energizing	30mins	N\$260
- Indulgent Fruity Body peeling - restoring	30mins	N\$260

#### **Body Wraps:**

-Volcanic Heat Pack - Cellulite	45mins	N\$530
-Fruit Cocktail Body Boost - restoring	60mins	N\$500
-Firming Marine Pack	60mins	N\$710

### **Luxury Bath options:**

-Hydrotherapy Bath	30mins	N\$480
-Crystal Bath with aromatic oils for one / two people	45mins	N\$410/N\$580

### **The External Sense:**

Manicure or pedicure	60mins	N\$290
Manicure & pedicure		N\$500
Manicure or Pedicure with paraffin wax	75mins	N\$360
Manicure or Pedicure with French paint	60mins	N\$365
Indian Head Massage	30mins	N\$260
Reflexology	45mins	N\$450
Personal Training – on request	60mins	N\$500
Waxing	on request	

### **Massage:**

Core Full Body Massage with Marula oil	60mins	N\$450
Back & Neck Massage with Marula oil	30mins	N\$260
Hot Stones Massage	75mins	N\$580
Hot Stones Back & Neck Massage	30mins	N\$280
Aroma Massage	75mins	N\$580

### **Spa Around the World massage:**

Out-door Safari Massage – on request (Includes 30minute transportation, 60minute massage)	90mins	N\$730
Khanya of Africa	120mins	N\$950
Shadiva of India	120mins	N\$950
ScenTao of Asia	90mins	N\$750

**Journey Packages:**

Golden Dune Awakening Journey	120mins	N\$1120
Nature's Beauty Journey	210mins	N\$1890
Rebalancing Journey	210mins	N\$1670

**JOURNEYS:**

**Golden Dune Awakening Journey:**

Awaken all your senses and immerse yourself in the profound beauty of Namibia. The Namibian sand dunes shape the theme of this luxurious treatment and one can only experience it here at GocheGanas. This signature experience begins with a unique musical ritual. The body is then optimally prepared using the very sand that creates the magnificent desert dunes. A mineral rich clay treats the body in the way that only Mother Nature knows best. An energizing quartz facial is also included to revitalize skin and reveal your natural beauty. We celebrate the indigenous treasures of Africa with an exotic calabash back massage that will transport you to an unexplored sensation of well being from top to toe.

- ❖ Body peeling
- ❖ Body wrap
- ❖ Quartz facial
- ❖ Back Massage

120mins

**Nature's Beauty Journey**

This is the key to complete relaxation. A hydrating and detoxifying sea salt bath will sooth your body and give you new strength and feeling of wellness.

- ❖ Facial to suit your skin type
- ❖ Sea Salt and Seaweed Hydrotherapy bath
- ❖ Outdoor Safari Massage
- ❖ Indian Head Massage
- ❖ Marula oil to take home

210mins

**Rebalancing Journey**

This journey harmonizes and balances your body & mind by using essential oils.

- ❖ Indian Head Massage
- ❖ African Moon Eye light
- ❖ Reflexology
- ❖ Crystal Bath with aromatic oils
- ❖ Manicure or pedicure
- ❖ Marula oil to take home

210mins



## GocheGanas Wellness Centre Policy

According to international Spa Etiquette

- ❖ ADVANCED BOOKINGS prior to arrival are strongly recommended to secure treatment(s) and prevent disappointment.
- ❖ Please arrive 15 minutes prior to your appointment time. Late arrivals will have their treatment time reduced accordingly and 100% of the treatments booked, will be charged for.
- ❖ 24 Hours advanced notice is required for cancellations, after which 100% of the treatment(s) booked, will be charged for.
- ❖ The Wellness facilities are available from 07h30 until 21h00.
- ❖ Treatments are available for 09h00 until 17h30. Treatments after hours on request.
- ❖ Day Visitor Rates for Wellness Center: N\$ 200.00 per person, which includes the use of spa facilities. (The day rate will not be charged if treatments exceed N\$650.00 per person on weekends and N\$450, 00 from Mondays to Thursdays).
- ❖ We regret that CHILDREN UNDER THE AGE OF 12 YEARS will under no circumstances be allowed in the Wellness Center. (Even late at night and/or during unpleasant weather conditions.)
- ❖ Regarding our Children's policy we advise to make arrangements for their care beforehand.
- ❖ NO ALCOHOLIC BEVERAGES and glasses and/or glass bottles are allowed in the Wellness Center.
- ❖ NO SMOKING allowed in the Wellness Center.
- ❖ Please bring your own swimwear for use of the spa facilities. Alternatively please wear the gowns and slippers provided. Towels are provided, also to be used in the sauna.
- ❖ GocheGanas is not responsible for lost or stolen items. We do provide lockers, and safes are installed in the chalets for your valuables.
- ❖ Mobile phones to be switched to silent or switched off on entering the Wellness Center.
- ❖ Use of spa facilities is at your own risk.
- ❖ Prices are quoted in Namibian Dollars and include 15% Value Added Tax (VAT).
- ❖ Rates are subject to change without prior notice.
- ❖ Gratuity for exceptional service will be most welcome, to be paid directly to the therapist.

Thank You,  
The Wellness Village

Children are welcome at GocheGanas, however not allowed in the Wellness Center, due to the peaceful and tranquil atmosphere we strive to maintain for all our valued guests.

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